

SMALL GROUP CONDITIONING AND DRYLAND TRAINING

	Most Improved Ariana Dan	March
	Athlete of the Month Katie Landau	March
	Most Improved Scott Becker	February
	Athlete of the Month Tanvi Pabby	February
	Most Improved TJ Johns	January
	Athlete of the Month Serina Tse	January
	Most Improved Josh Tse	December
	Athlete of the Month Isabella Wiener	December
	Most Improved Alexandre Steinberg	November
	Athlete of the Month Vikram Gupta	November
	Most Improved Anyu Pabby	October
	Athlete of the Month Margaux Weiner	October

Athlete of the Month



MELANIE LATTIN

Melanie is a dynamo in small packaging! She explodes through the obstacle course and speed and agility drills. Her energy is contagious! Melanie is a fashion diva with her Juicy Couture glasses and matching outfits. We love to have her in class. You ROCK Melanie!



Most Improved TRISHA PABBY

The trainers look forward to seeing Trisha arrive to class. She is a very conscientious young lady. Trisha puts everything into the task given to her during a training session. Her running has improved tremendously (when not wearing her UGGS!) and her balance and core strength has greatly increased.



APRIL