

JULY 4TH

CLUB HOURS



7:00AM - 6:00PM

Group Exercise Schedule

8:15am	Spinning	Olivia	Studio 3
9:00am	Zumba	Liz	Studio 2
9:15am	Spinning	Missy	Studio 3
9:30am	American Dream	Amy	Pool
9:30am	Pilates Sculpt	Donna	Studio 1
10:05am	Kickboxing	Ann	Studio 2
10:15am	Super Cycle	Ted	Studio 3

*Kinesis sessions cancelled for the holiday

Aquatics

7:00am - 6:00pm

(No group lessons will be held)

Café

7:00am - 1:00pm

Nursery & Energy Center

8:15am - 12:00pm

Massage

Appointments available 9am - 4:00pm

(Holiday surcharge applies)

Tennis

7:00am - 6:00pm



Register for SUMMER CAMP!

Sports, Tennis & Swim...great summer fun starts here!