

# JULY 4TH



## CLUB HOURS

**7:00AM - 6:00PM**

### Group Exercise Schedule

7:15am	Spinning	Barry	Studio 3
8:15am	Spinning	Olivia	Studio 3
9:15am	Multi Impact	Donna	Studio 2
9:15am	Spinning	Missy	Studio 3
9:30am	Advanced Vinyasa	Claudia	Studio 1
10:15am	Definitions	Leslie	Studio 2

### Aquatics

9:30am American Dream Amy Pool

### Café

7:00am - 3:00pm

### Massage

9:00am - 6:00pm

### Nursery & Energy Center

8:15am - 12:00pm

**camps not held today**

### Tennis

7:00am - 6:00pm