

Welcome to Club Fit Summer Camp 2024!

Our Energy Camp is committed to providing our campers with a fun, safe and positive environment where they can learn about themselves and others. Our counselors, who are mostly college aged or older and have a background in child care, use methods of instruction that are designed for fun, body awareness, and sportsmanship. Our camp schedule includes but are not limited to activities such as soccer, basketball, football, Zumba, martial arts, arts and crafts and tennis. We incorporate fun activities such as: inflatables, the gaga pit, and special theme days to make every day different and exciting! Daily swim will be offered to full day and half day pm campers this year, with swim lessons available for an additional fee before or after camp.

A few quick facts:

When do we start and where do we end?

Full day camp starts at 9:30am, with drop off starting at 9:15am in the large tent parking lot. Early drop off is available between 8:00am and 9:15am in the energy center (\$10/day for all regardless of membership type, let us know at least 48hours in advance if you will need early drop off). Full day camp pickup takes place from 3:50pm-4:05pm in the large tent parking lot. Late pickup (in the energy center) begins after the conclusion of camp which is 4:00pm through 6:00pm (late pickup is an additional fee of \$10/day for nonmembers and child of members, also a 48 hour notice is required for late pickup).

Half day AM camp starts at 9:30am, with drop off starting at 9:15am in the large tent parking lot. Early drop off is available between 8:00am and 9:15am in the energy center (\$10/day regardless of membership type). Half day AM pickup is at 12noon at the large tent in the parking lot.

*If there is bad weather the above information remains the same but the location is changed from the tent to the main gymnasium.

**please note you will have to physically sign in your camper each day.

Lunch and both morning and afternoon snack are included in the camp fee (for full day camp)!

Your child can choose from the daily special or the daily offerings. Lunch comes with an entree, a side and a drink.

Friday is pizzeria pizza Day! Morning snack is provided daily. Morning snack will be a rotation of apple slices, orange slices, whole grain goldfish crackers or animal crackers. We do have a time allotted for afternoon snack that is not provided from the camp. You can pack a snack from home or order something from our upstairs café to be placed on your child's house account if available.

Bumps and bruises....

Bumps, bruises and scratches may happen throughout the course of the day. We will take care of our campers and get them back playing as soon as possible. Rather than disrupt you with every minor medical concern we will only contact you in the case of a more serious injury. With every injury we will fill out an accident report and will go over any incident with you at the end of the day and follow up with a parent/guardian signature.

What do you have to remember/ remember to bring?

- Backpack to keep all of the below.
- Your child's bathing suit, and swim goggles (if they wish). We have towels here at Club Fit for our campers to use so no need packing towels.
- If you think your child may need a change of clothing (just in case) please feel free to pack that in their bag.
- Second snack is not included so please pack a second snack for your camper or supply them with access to house account to purchase a snack from our upstairs café.